



2018 Brain Awareness Week Events @ The University of Colorado Boulder

Monday, March 12, 2018

1:30 pm – 3:00 pm

“The Impact of Exercise on the Aging Brain” by Dr. Angela Bryan

City of Boulder East Senior Center
5660 Sioux Dr., Boulder, CO 80303

Learn about age-related changes in the brain and the mechanisms by which lifestyle choices and genetics may influence brain structure and function during later years of life.

Register @ www.eventbrite.com/e/brain-awareness-free-lecture-the-impact-of-exercise-on-the-aging-brain-tickets-43139499404

Monday, March 12, 2018

7:00 pm – 8:30 pm

“Understanding the Teen Brain” by Dr. Marie Banich

CU Boulder ATLAS Institute
1125 18th Street, 320 UCB, Boulder, CO
Visitor parking at 1722 Euclid Avenue, Boulder, CO 80302

Learn about the neural systems that process emotion, social information and rewards in teen brains.

Register @ www.eventbrite.com/e/brain-awareness-free-lecture-understanding-the-teen-brain-tickets-43145151309

Tuesday, March 13, 2018

5:00 pm – 6:00 pm

Neuroscience Lab Experiments and Methods Demo by the CU student Neuroscience Club

CU Boulder Muenzinger room D430, 1905 Colorado Avenue, Boulder, CO
Visitor parking at 1722 Euclid Avenue, Boulder, CO 80302

This demonstration by CU neuroscience students will surprise and inspire people of all ages with current laboratory experiments and methods used to conduct neuroscience research at CU Boulder.

Wednesday, March 14, 2018

5:00 pm – 6:00 pm

Neuroscience Trivia Game Night by the CU student Neuroscience Club

CU Boulder Muenzinger room E214, 1905 Colorado Avenue, Boulder, CO
Visitor parking at 1722 Euclid Avenue, Boulder, CO

Thursday, March 15, 2018

6:30 pm – 8:00 pm

“Cannabis, Cannabinoids, & Health in a Post-legalization World” by Dr. Cinnamon Bidwell

CU Boulder SEEC (Sustainability Energy and Environment) Building

4001 Discovery Dr., Boulder, CO

Visitor parking on the Southside of the building, and in the dirt lot west of the building

Learn about the current state of human cannabis research, important barriers to conducting cannabis research due to federal regulations and a path forward for collecting data on the health risks as well as potential therapeutic effects of legal market cannabis products.

Register @ www.eventbrite.com/e/brain-awareness-free-lecture-cannabis-cannabinoids-health-in-a-post-legalization-world-tickets-43144727040

Friday, March 16, 2018

12:15 pm – 12:45 pm

Feel Good Friday Meditation

CU Boulder Art Museum

1085 18th Street, Boulder, CO

Visitor parking at 1722 Euclid Avenue, Boulder, CO 80302

This drop-in group is an opportunity to be led through a powerful guided meditation to undo stress, soothe the nervous system and feel better. Students, staff and faculty are welcome to attend. Participants are encouraged to bring materials for personal comfort that will aid meditation (e.g., yoga mat, a small pillow or cushion, etc.). Please arrive on time so the meditation is not disturbed. There will be no late admittance. Feel Good Fridays are sponsored by the CU Boulder Wardenburg Health Center. More info >> <https://www.colorado.edu/healthcenter/workshops>

Friday, March 16, 2018

4:00 pm – 6:00 pm

Community Brain Day

Center for Innovation and Creativity

1777 Exposition Drive, Boulder, CO

Visitor parking in front of and to the West of the building

Join us for this for-all-ages event with demonstrations, hands on activities, information and more to get to know your brain. Come learn about what is happening in the fields of psychology, cognitive science, neuroscience research at CU Boulder and beyond.

For more information go to:

www.colorado.edu/ics/2018/02/13/2018-brain-awareness-week-march-12-march-16

The University of Colorado Boulder is committed to providing equal access to individuals with disabilities. If you are planning to attend these events and will require accommodations, please contact <https://www.colorado.edu/institutionalequity/ada> no later than 7 days prior to an event.

Events sponsored by the Institute of Cognitive Science and the Intermountain Neuroimaging Consortium at the University of Colorado Boulder