



**FEB 21, 2018 12-1PM**  
**2018 HEART DISEASE**  
**PREVENTION FORUM:**  
**Talk with The Doc**

One in four deaths are due to heart disease. Come learn the latest ways to prevent America's #1 killer with Dr. Nelson Trujillo, cardiologist with the Boulder Valley Care Network.

\*Registration helps us plan, but please feel free to attend even if you have not registered.



DEPARTMENT OF HUMAN RESOURCES  
WORKSITE WELLNESS

**“Follow your heart, but take your brain with you.”**

**Meet local cardiologist Dr. Nelson Trujillo**

**Attend to win a prize!**

**LOCATION:  
ESC BOARDROOM**

395 S. Pratt Pkwy  
Longmont, CO 805011

12:00-1pm

Register at:

<https://blogs.svvsd.org/wellness/upcoming-events/>

