



# Cooking Demo

Tuesday, June 12<sup>th</sup>

12:00 – 1:00 p.m.

Clover Basin Educational Support Center, 2929 Clover Basin Dr.

Learn how to create a delicious and nutritious gluten free summer meal. A Registered Dietitian will prepare easy and tasty recipes, while discussing the nutritional benefits of the featured foods.

*Samples and recipes will be provided.*

**Location:** Clover Basin Educational Support Center, 2929 Clover Basin Dr.

**To Register:** [Click Here](#) or visit [blogs.svvsd.org/wellness/upcoming-events/](https://blogs.svvsd.org/wellness/upcoming-events/)

**Questions?** Contact [wellness@svvsd.org](mailto:wellness@svvsd.org) or [mason\\_jerri@svvsd.org](mailto:mason_jerri@svvsd.org) or 303-702-7912

 ST. VRAIN | DEPARTMENT OF HUMAN RESOURCES  
WORKSITE WELLNESS

 KAISER PERMANENTE®